

Sophomore Seminar Fall 2018

Teacher	Mr. Dan Gerken Lake Shore Central – Class of 1980 Rochester Institute of Technology Bachelors of Science in Business Admin Daemen College Teacher Certification Buffalo State College Masters of Science in Educational Technology
School Phone:	(716) 926-2286
School E-mail:	dgerken@lakeshorecsd.org
Twitter:	@AOBF_Gerk
Classroom Text:	Sophomore Guide to College and Career What Color is your Parachute
Class Web Site	http://www.lakeshorecsd.org / go to Senior High / Teacher Web Sites / Business – Gerken MAIA Learning - https://www.maialearning.com/#/ Google Classroom – Students can join the class with this code: <i>2nd Period</i> - p9lv21 <i>8th Period</i> - ztb6xql
Supplies	Bring a notebook (with any handouts and notes distributed), writing utensil and positive attitude each day

Overview:

The Sophomore Seminar is a comprehensive course for our 10th grade sophomore students at Lake Shore. The course focus is on preparing students for life after high school. For some students that will mean post-secondary education and for others it may entail direct entry into the workforce. Students will participate in each phase of college preparation and planning— researching and matching with colleges, writing personal statements, submitting applications and financial aid forms, applying for scholarships, getting letters of recommendation and exploring careers and other post-secondary options. We will also explore opportunities for those entering the workforce directly including interviewing skills, resume writing, researching qualifications and testing requirements for positions. Workforce Development programs, BOCES Adult training opportunities, Accuplacer testing as well as ASVAB testing and options in the military will be addressed. The student will exit the course with a better understanding of what is needed to be college and career ready.

This course is expected to take approximately 95 40-minute class periods.

Evaluation of student learning:

- ✓ Classroom Assignments / Projects / Homework - Assignments will vary in scope, length and points awarded
- ✓ Notebook / Class Participation – Up-to-date Binder Notebook, Attendance, input during class, assignments turned in on time, teacher discretion
- ✓ Vocabulary Assessments – quiz, taxonomy, definition sheets, other vocab activity
- ✓ Projects – both group and individual

1st & 2nd quarters are weighted 40% (each)/ Final Project is 20% of Final Grade.

Materials:

Folder dedicated solely to this class

Agenda with computer log-in information/sticker / @lscsd e-mail account / use Google Chrome

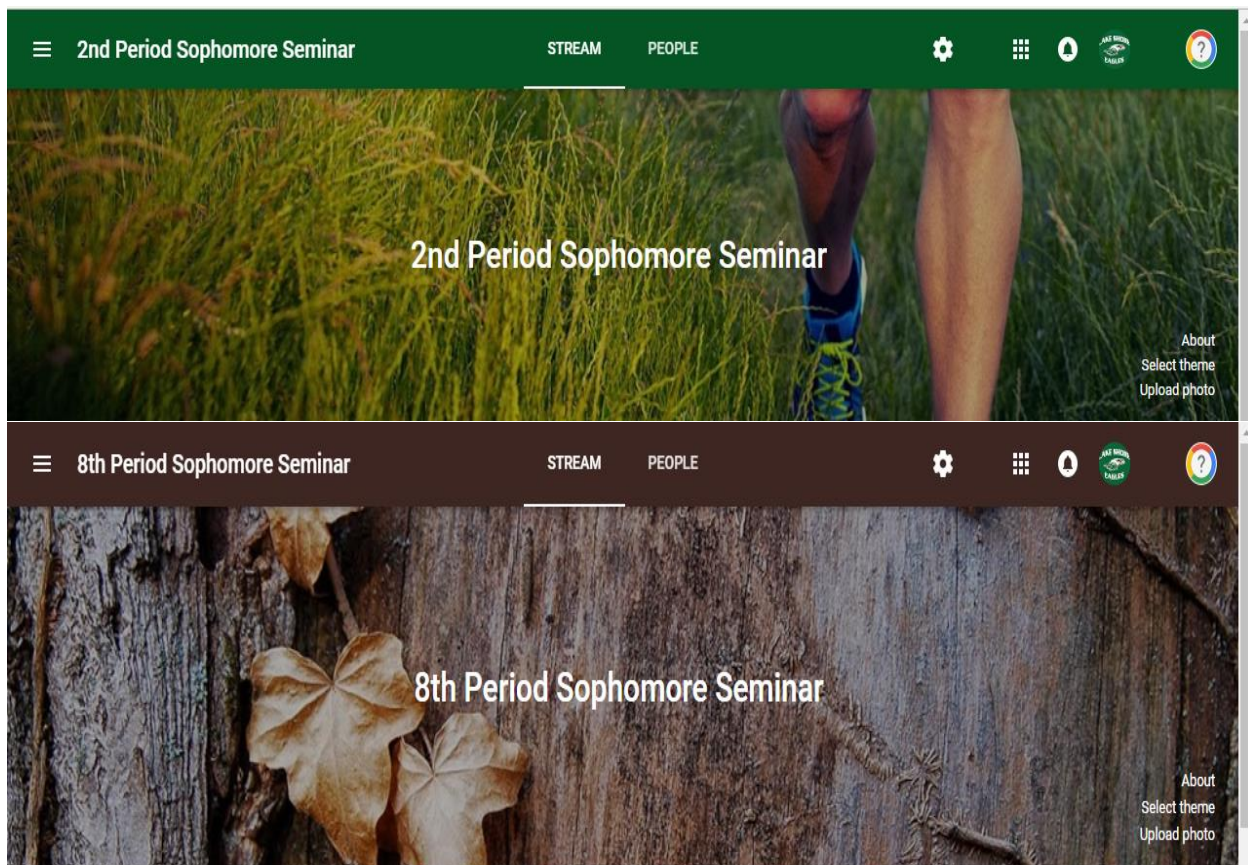
Pen and/or pencil (multiple)

MAIA Learning log-in credentials

Academic Integrity Statement :

Students in this course will complete all coursework and related activities in compliance with the Lake Shore Central Senior High Academic Integrity guidelines.

Google Classroom



Scope & Sequence

I. *Who am I and how does that impact my career? - Students will investigate skills and values assessments that can increase self-awareness with regards to careers and career exploration. This section will provide a starting point for exploring how the student's skills, aptitudes, goals, and interests can lead them to a rewarding experience in post-secondary education and/or their careers.*

i. Values

1. Intrinsic Values
2. Extrinsic Values
3. Lifestyle Values

ii. Interests

1. MAIA Learning – Interest Profiler
2. MAIA Learning – Learning & Productivity
3. MAIA Learning – Personality
4. MAIA Learning - Intelligences

iii. Goals – SMART Goals

iv. Self-discovery (Sophomore Guide To College & Career)

v. Self-analysis (SGTCC)

vi. Create your toolbox (SGTCC)

vii. Positive attitude

viii. Critical thinking and problem solving

ix. Managing your

1. Your time
2. Your money
3. Your network

x. Social Media – the new normal (What color is your Parachute)

II. *Career research – Students will develop strategies to research career options and requirements for entry. We will match those interests and goals realized in the first section with possible careers paths. We will explore the entry requirements and the nature of the work within their chosen profession.*

a. MAIA Career Search

i. Career Pathways

ii. Test drive a career

1. Internship
2. Job shadowing
3. Networking

iii. Thoughts when choosing a career

1. Job vs Career
2. Job resilience
3. Entrepreneurship

iv. Job Preparation – We will introduce these areas at this point and address them further later in semester.

1. Resumes
2. Job Interviews

- b. Occupational Outlook Handbook**
 - i. Exploring career clusters
 - ii. Researching careers based on:
 - 1. Median Pay
 - 2. Entry level education
 - 3. On-the-job Training
 - 4. Number of jobs projected
 - 5. Growth rate projected
- c. U.S. Bureau of Labor Statistics - <https://www.bls.gov/>**
 - i. Beyond the Numbers Readings
 - ii. Spotlight on Statistics Readings
 - iii. BLS Reports
 - iv. BLS Videos
 - v. Career Outlook Articles from the BLS
- d. What Color is Your Parachute**
 - i. What you love to do
 - ii. Who you love to work with – favorite types of people
 - iii. Where you love to be – ideal work environment
 - iv. Search for your dream job
- e. Match Interests to future colleges and careers – (SGTCC)**
 - i. Honoring gifts and talents
 - ii. Matchmaker
 - iii. Being proactive and gaining experience
 - iv. Choosing a major / considering options
 - v. College requirements

III. *Education and Training Options – considered in this section is a review of the costs, considerations, funding options, financial aid, and a total look at funding this endeavor. The pathway to success is not a single lane. There are many different avenues available to reach each of our goals.*

- a. Undergraduate options**
 - i. Institution type
 - ii. Degree type
 - iii. Certificates offered
 - iv. School type
 - v. Location
 - vi. Costs (school, housing, board, major specific expenses, and additional expenses)
 - 1. Financial Aid – Federal vs State Aid
 - a. Eligibility
 - b. FAFSA
 - c. Grants
 - d. Work Study
 - e. Scholarships
 - i. Available scholarships
 - ii. Where to find them
 - iii. How to apply

- f. Loans
 - i. Myths and facts about loans
 - ii. Types of loans
 - iii. How and when to repay them
 - vii. Academics and admissions
 - 1. College admission essays
 - 2. Answering Supplemental Questions
 - 3. Addressing special circumstances
 - 4. College Board – ACT sign up
 - 5. PSAT – already taken in middle school
 - 6. SAT
 - 7. ACT
 - 8. SAT vs ACT
 - 9. SAT II and AP Exams
 - 10. Placement Exams
 - viii. Student life – Extracurricular activities and the college experience
 - ix. Athletic requirements – Clearinghouse
 - b. Graduate options**
 - i. Institution type
 - ii. Degree type
 - iii. Certificates offered
 - iv. School type
 - v. Location
 - vi. Costs (school, housing, board, major specific expenses, and additional expenses)
 - vii. Academics and admissions
 - viii. Student life – Extracurricular activities and the college experience
 - c. Certificates**
 - d. Military**
 - i. Commitment
 - ii. Educational opportunities
 - iii. Requirements
 - iv. ASVAB Testing
 - e. Non-traditional pathways**
 - i. Erie I BOCES Adult Training – www.e1b.org
 - 1. Part and full time training programs to meet needs
 - a. Examples – Administrative Assistants, Auto Service Technician, Certified Nursing Assistant, CNC Machining, electrical, Heating, Refrigeration, and Air Conditioning, LPN, Medical Office Assistant, Welding
 - 2. Financial Aid and Funding
 - a. FAFSA
 - ii. Northland Workforce Training Center
 - 1. Northland Workforce Training Center is designed for individuals 18 years or older to reduce all the major barriers that prohibit students from enrolling and completing post-secondary education, such as transportation, childcare, academic readiness and affordability.

2. Northland is committed to providing *for-credit* education at little to no cost, to those with financial need, and support services for both graduation and entering into the workforce with all the tools you need for success.
3. Northland provides an industry awareness activity to learn about careers in advanced manufacturing and energy.
 - a. Through their SUNY educational partners, Northland offers for-credit, certificate and Associate Degree programs as core offerings, as well as shorter one-semester and two-semester certificate programs.
 - b. Once coursework is completed, the Career Coaches and Placement Specialists will work with you to obtain employment.
 - c. Their support continues for three years following being hired full-time
4. Programs include – CNC Precision Machining, Machine Tool Technology, Mechatronics, Welding Technology, electrical construction & Maintenance Electrician, and Energy Utility Technology
5. Financial Aid counseling and tuition assistance available
6. Internships, Co-Ops, and apprenticeships available

f. Other opportunities

- i. Construction Exchange of Buffalo & WNY
- ii. Finishing Trades Institute
- iii. Accuplacer Placement Test
- iv. Civil Service Testing
 1. State Troopers
 2. Erie County